



CANDIDATE BRIEF

.....

PERFORMANCE NUTRITIONIST

SEPTEMBER 2025





AN INTERNATIONAL SPORTING VENUE, A PROFESSIONAL COUNTY CRICKET CLUB AND A THRIVING COMMUNITY HUB

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We are Trent Bridge, a cricket ground of global reputation first established in 1838. We're proud of our illustrious history but mindful too that our future prosperity is reliant on continual investment in our facilities, our professional team and our lauded community programmes.

Trent Bridge, a world-class sporting venue with a proud history of excellence and innovation, is seeking a passionate Performance Nutritionist to join our Science and Medicine team. In this role, you will oversee the club's nutrition provision, developing and implementing tailored services to enhance performance across both the professional and academy squads.

This is a 30-day contractor/self-employed role during the cricket season and pre-season, with occasional work outside normal hours and on Public Holidays. The ideal candidate is self-motivated, highly organised, and committed to delivering practical, high-quality nutritional support that helps our athletes perform at their best in a dynamic, high-performance environment.

Thank you for your interest in this role.

SCIENCE & MEDICINE ROLE PROFILE

PERFORMANCE NUTRITIONIST

RESPONSIBLE TO: Head of Science & Medicine
Lead Strength & Conditioning Coach

PRIMARY WORKING RELATIONSHIPS:

Science & Medicine Team members including the lead physio, psychologist and S&C staff
Coaching staff
Catering teams
Supplement partners

RELEVANT GENERAL OBJECTIVES

- Oversee and lead the governance of nutrition within the club
- Work within the science and medicine team aligning with other disciplines to support identified players, screening and monitoring, and injury and illness management.

SPECIFIC ROLE PROFILE

- Support identified players across the Senior and Academy pathways to support performance goals through appropriate nutrition strategies
- Work with identified players during injury, aligning with medical staff as appropriate.
- Actively promote the role of food to enhance performance, working closely with catering to ensure the food provision whilst training and travelling is optimal
- Work with coaches and support staff in determining appropriate methods of implementing the overall programme of nutrition service; including strategic support, educational programmes, individual consultations and group sessions, as required.
- Develop, implement, monitor, innovative evidence based practical nutrition strategies tailored to the needs of the sport
- Develop, implement and review nutrition policies, standards and protocols that are best practice, including a policy on supplementation for all players.
- Oversee the relationships with key stakeholders including supplement partners
- Work within the rules of professional confidentiality, liaise with athletes, primary care managers, parents, coaches and other support staff as appropriate within the rules of the SENr (or equivalent) Code of Conduct, standards and guidelines.
- Maintain a comprehensive, indexed database of work conducted with athletes and coaches, including detailed records of work done with individual athletes.
- Maintain a comprehensive indexed database of supplements provided to all individual players and teams.
- Having the willingness to engage with and support continuous professional development in anti-doping, i.e. UKAD Accredited Advisor Certification
- Demonstrate knowledge and awareness of Athlete Support Personnel roles and responsibilities under the current World Anti-Doping Code
- Any other duties laid down from time to time consistent with the grading of the post.

PERSON SPECIFICATION

COMPETENCY AREA	ESSENTIAL / DESIRABLE	ASSESSED BY
Qualifications		
Degree (or equivalent) in Nutrition, Sports Science, Dietetics or related subject	Essential	Sight of certificates
Higher degree (IOC diploma in sports nutrition or PG Cert/Dip/Masters in Sports Nutrition or a related subject)	Essential	Sight of certificates
Graduate on the Sports and Exercise Nutrition Register	Essential	Sight of certificates
ISAK Level 1 Accreditation	Desirable	Sight of accreditation
Anti-Doping Clean Sport Advisor	Essential	Sight of certificates
Experience		
A minimum of 3 year's post graduate experience as a practicing registered sports nutritionist or dietitian	Essential	Application Interview
Experience of analysing the demands of a team sport in relation to their nutrition needs in order to develop, implement and evaluate nutrition programmes for individual athletes within that sport	Essential	Assessment Interview
Experience of working with chefs and writing catering guidelines	Essential	Application Interview
A knowledge of cricket as a sport and experience of working within cricket	Desirable	Application Interview
Budgetary management experience and appreciation of a cost-effective service delivery	Desirable	Application Interview
A verifiable record of working within a multidisciplinary team in the delivery of performance nutrition support in elite sport	Desirable	Application Interview
Experience of working with supplement partners and managing key stakeholder relationships	Desirable	Application Interview
Knowledge and Skills		
Effectively translate nutrition science into practical food advice	Essential	Assessment Interview
Sound knowledge and understanding of the use of nutrition supplements and ergogenic aids	Essential	Interview
Understanding of the nutritional issues (performance and clinical) relevant to high performance sport	Essential	Interview
Knowledge of nutritional support appropriate to the needs of high-performance athletes both in training and competition	Essential	Interview
An understanding of the various sports science and sports medicine disciplines	Essential	Application Interview
Ability to critically appraise scientific methodology and data	Essential	Application Interview
Ability to influence athletes and coaches to support programmes that impact on performance	Essential	Interview

COMPETENCY AREA	ESSENTIAL / DESIRABLE	ASSESSED BY
Ability to communicate complex data in terms that are easily understood by a wide range of audiences	Essential	Assessment Interview
Good communication and presentation skills	Essential	Assessment Interview
An interest in sport and recognition of the importance of promoting and supporting equality, safeguarding and anti-doping within sport.	Essential	Interview
An understanding of the elite sporting environment	Essential	Application Interview
An understanding of the needs of elite athletes and coaches in a high-performance cricket environment	Desirable	Application Interview
Skilled in building and maintaining productive relationships with high performance staff within national governing bodies of sport	Desirable	Application Interview
Can demonstrate knowledge and awareness of Athlete Support Personnel roles and responsibilities under the World Anti-Doping Code	Essential	Interview
Having the willingness to engage with and support continuous professional development in anti-doping, i.e. UKAD Accredited Advisor Certification	Essential	Interview
May be required to work athletes under 18 (DBS check required)	Yes	

EQUITY, DIVERSITY AND INCLUSION

Nottinghamshire County Cricket Club is committed to being an Equal Opportunities Employer.

The Club recognises the benefits of a diverse workforce and is committed to providing a working environment that is free from discrimination.

The Club will seek to promote the principles of equality and diversity in all its dealings with employees, workers, job applicants, clients, customers, suppliers, contractors, recruitment agencies and the public.

All employees and those who act on the Club's behalf are required to adhere to this policy when undertaking their duties or when representing the Club in any other guise.

SAFEGUARDING

Nottinghamshire County Cricket Club is committed to safeguarding and promoting the welfare of all children, young people and adults involved in cricket and associated community programmes.

In creating and maintaining a safe and positive environment and through compliance and adherence to a range of policies and procedures which promote safeguarding and safer working practice across our services, we accept our responsibility to safeguard all engaged with cricket and community programmes.

All individuals within the organisation, staff, players, members, volunteers, coaches and support staff have a role and responsibility to help ensure the safety and welfare of all adults and children.

HOW TO APPLY

If you would like to join us at Trent Bridge, please email your CV and cover letter to
Recruitment@trentbridge.co.uk

Closing date for receipt of applications: **12th October 2025**

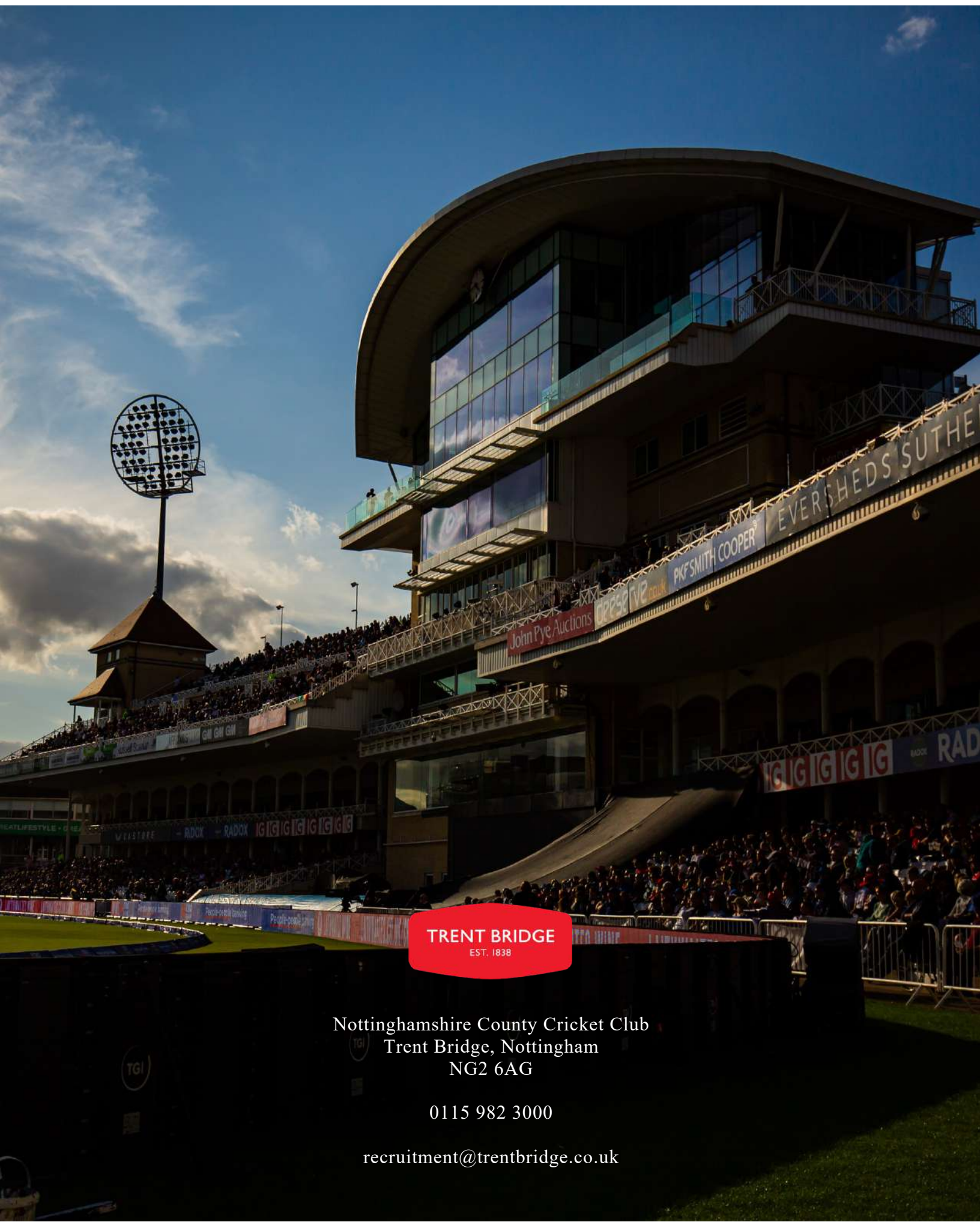
Interview date: **w/c 3rd November 2025**

Potential second interview date: **To be confirmed**

We reserve the right to close this vacancy early if we receive sufficient applications for the role. Therefore, if you are interested, please submit your application as early as possible

Candidates must be eligible to work in the UK

No agencies please.



TRENT BRIDGE
EST. 1838

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