



Lead Strength & Conditioning Coach

Location: Trent Bridge Nottingham, NG2 6AG

Salary: £37,000 - £43,000

Job Type: Fixed-Term Contract (until Jan 2025), Full-time (extension beyond this date in-line with ECB funding for the Regional Women's Programme)

This is an exciting time to join Trent Bridge as Nottinghamshire County Cricket Club is looking to recruit a Lead Strength & Conditioning Coach to develop and deliver world-class strength & conditioning (S&C) services for The East Midlands Regional Women's Programme. Previously known, Lightning Cricket were based out of Loughborough University and the professional women's team play in the Charlotte Edwards T20 Cup and Rachael Heyhoe Flint 50-over competition, with the programme also involving an Academy and Emerging Players Programme (EPP).

The primary function of the role is to deliver and implement individual and group conditioning sessions to Professional, Academy and Senior players. The successful candidate will line manage the Strength & Conditioning Coach to ensure delivery aligns with the performance and physical development strategy. This may include some academy coaching. In conjunction with the Lead Physiotherapist, you will conduct a battery of fitness tests, effectively report results, agree recovery strategies for injured players and work closely with coaching staff to ensure player development plans align with performance goals.

You will be an experienced provider of S&C services with high performance teams, practised in sports injury prevention and rehabilitation programmes. You will also be experienced in delivering S&C to an elite group of both senior and youth athletes.

Working as part of an interdisciplinary medical support team you will develop, apply and evaluate S&C programmes that reflect scientific principles.

Possessing excellent interpersonal and communication skills, you will liaise easily with both players and the management team

With a commitment to high standards and delivering exceptional service the successful candidate must have relevant experience in a similar position, with a proven track record in the provision of S&C services.

Cricket specific knowledge, including the unique physical demands of the sport, will be a definite advantage.

Due to the nature of this role a DBS will be required.

The appointment will be made based on our current funding within the programme cycle and will run until January 2025. Ideally, we are looking for candidates to start December 2022 or early Jan 2023.

For a full job description, including the person specification please visit <https://www.trentbridge.co.uk/jobs/index.html>

The role does require extended hours and regular travel throughout the UK during the women's domestic season (April-September) which will include weekends and Bank holidays. The post holder will be based at Trent Bridge Nottingham, NG2 6AG.

For an informal chat around the role, please contact James Cutt (Regional Director of Women's Cricket – East Midlands) J.R.Cutt@lboro.ac.uk or Dave Osguthorpe (ECB S&C Lead) david.osguthorpe@ecb.co.uk.

If you would like to join us at Trent Bridge please send your CV and covering letter, including details of your current salary to:

**The HR Department
Nottinghamshire County Cricket Club
Trent Bridge
Nottingham NG2 6AG**

or email the HR Department at: recruitment@nottsccc.co.uk

Closing date for receipt of applications will be: **Friday 18th November 2022**

Interview dates: **29th & 30th November 2022**

We reserve the right to close this vacancy early if we receive sufficient applications for the role. Therefore, if you are interested, please submit your application as early as possible

Candidates must be eligible to work in the UK

We are an equal opportunity employer. we celebrate diversity and are committed to building an inclusive environment for all employees. when submitting your details, please let us know if you require any support or reasonable adjustments during the interview process